

## **Irish Football Summer 2009: Important Dates/Information**

- 4<sup>th</sup> Quarter Grades will determine your academic eligibility for next fall. You must have a minimum of a 1.0 GPA for the 4<sup>th</sup> quarter and have passed 5 classes. PE CANNOT COUNT as 1 of these 5 classes.
- Summer Workouts Begin Monday June 1<sup>st</sup> and run from 9 AM-12 PM. Report to the game stadium field (if bad weather meet in locker room). We begin at 9AM not arrive at 9 AM. You must wear red, gray, or White shirts and shorts. If you do not have these, get them. You will not be allowed to workout during summer workouts unless you are wearing these colors. If you choose not workout with the team, you also choose the consequences.
- The OHSAA has granted football teams 3 extra days of summer coaching. These are in addition to the 7 that were already allowed. We will be using ours after workouts on Monday, Wednesday, and Friday the 1<sup>st</sup> week of workouts (June 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup>). We will be having light practices on these days to learn basic information about our new offense and defense. We will handout helmets on Monday June 1<sup>st</sup>. These practices will run from 1PM-3PM.
- You will receive formation and play packets on June 1<sup>st</sup>. You can use these to study over the summer and work plays on your own. Coaches only get 10 days to work with you in the summer, but players can organize as many workouts as they desire.
- The OHSAA has also granted high schools a 3<sup>rd</sup> scrimmage. In addition to the Northview and Tiffin scrimmages already on the calendar, we will be having a practice and controlled scrimmage with Perrysburg on June 11<sup>th</sup>. The exact time of this scrimmage has not been finalized, but it will be in the PM due to the teachers having teacher in-service on this date.
- You must clean out your lockers before the end of the school year because you will be receiving new locker assignments and combinations beginning during the summer.
- If you are going to miss workouts for any camps or family vacations get this information (written on paper) to Coach Dempsey as soon as possible.
- You must have a physical and emergency medical form turned into the athletic office before August 3<sup>rd</sup> to practice during two-a-days. OHSAA prohibits anyone to practice without valid a valid physical and emergency medical form on file.

**TO ACCOMPLISH THINGS THAT YOU HAVE NEVER ACCOMPLISHED  
YOU MUST BE WILLING TO WORK LIKE YOU HAVE NEVER WORKED!**

**SELFISH ATTITUDES WILL DEFEAT CHAMPIONSHIP GOALS  
EVERYTIME!**